



BUKIT SADOK NATURE CHALLENGE 2019 ENTRY FORM

CATEGORY (Please mark on one relevant box only)

Team Category (Two Male/ Female or One Male & One Female)
* 21 KM Road Run/Jungle Tracking – RM 60 per team

Individual Senior Category (Male)

Individual Senior Category (Female)

Individual Junior Category (Male)

Individual Junior Category (Female)

* 14 KM Road Run / Jungle Tracking, - RM 30 per pax

Team's name

Participant 1

Participant's Full Name

IC No/ Passport No

Date of Birth Age

Gender (circle one) Male / Female

Contact No: H/Phone House Office.....

Permanent Address

..... Country

Participant 2

Participant's Full Name

IC No/ Passport No

Date of Birth Age

Gender (circle one) Male / Female

Contact No: H/Phone House Office.....

Permanent Address

..... Country

- The **Team Category** event is opened to both Malaysian and Foreigners of age 18 years and above who are physically and mentally fit. (2 male /Female or 1 Male & 1 Female participants in a team).
- The **Individual Senior Category** event is for Malaysian and Foreigners who are physically and mentally fit. (Male and Female Categories age 31 years and above).
- The **Individual Junior Category** event is for Malaysian and Foreigners who are physically and mentally fit. (Male and Female Categories age 30 years and below).
- The organizers or officials shall not be held liable for any injury or loss of life to any participant or spectator or for the loss or damage to their properties arising from their participation in the Events; whether before, during or after the Events.
- The organizers have the right to reject and limit entries and any participant who withdraws after being accepted shall have their fee forfeited.
- All decisions by the organizers are final and no correspondence or objection shall be entertained in this regard.

We hereby agree to abide by the rules and conditions of the competition. We certify that the particulars are correct and we are physically fit and sufficiently trained to participate in the Bukit Sadok Nature Challenge 2019. In consideration of the acceptance of our entry, we release and forever discharge the organizer and all those involve with the organization of this Bukit Sadok Nature Challenge 2019. of all liabilities, claims, actions, damages, cost or expenses which we may have against them arising out of in any way connected with our participation in this event, including all injuries that may be suffered by us before, during or after the event.

We understand that this waiver includes any claims based on negligence, action or in any action of above parties.

NO	NAME	IDENTITY CARD OR PASSPORT NO	SIGNATURE
1			
2			

PARENT CONSENT

I, parent/guardian of participants under 18 years old, have read and understood the above waiver, release and indemnification clause and agree to allow the above names to participate in Bukit Sadok Nature Challenge 2019.

NO	NAME OF PARENT/GUARDIAN	IDENTITY CARD OR PASSPORT NO	SIGNATURE
1			

- Event Date: 28 September 2019
- Registration Closes: 23 September 2019
 - Form Submitted & Payment:
Ministry of Youth and Sports, Sarawak, Betong Division Office
Kem Belia Kemuyang, Sibul
 - *Contact Persons: Mr. Mos : 013-8190086
Mdm Amy : 013-8006109*
- Event Venue: Jambu Kerapak, Long House, Ulu Laya, Betong, Sarawak
- Registration Day: 28 September 2019
- Time: 8.00 am till 5.00 pm at Sports Complex, Betong
 - Race Briefing: 7.30 pm at Jambu Kerapak Long House, Ulu Laya, Betong.
- Event Day: 28 September 2019
 - 7.30 am - Team Category Flag- Off (Cut Off Time : 2.00 pm)
 - 7.35 am - Individual Senior & Junior Male Category Flag-Off (Cut Off Time : 12.00 noon)
 - 7.40 am - Individual Senior & Junior Female Category Flag-Off (Cut Off Time : 12.00 noon)
- Award Presentation: 3.00 pm